

HANDBOOK & MANUAL -
LIFE-SKILL
DEVELOPMENT &
COMMUNITY BUILDING
ACTIVITIES AT BHARTI
FOUNDATION RURAL
SCHOOLS
– BY ABHIVEER GULATI

A. SATYA BHARTI SCHOOL HOUSE ACTIVITIES

- Based on focused research and bench-marking assessments undertaken, house wise age appropriate, engagement activities have been identified and tailored keeping in mind the right fit for Bharti Foundation Students.
- The objective is to engage Students through innovative and interesting techniques, for holistic understanding of critical life skills. This will not only help from the perspective of their overall development, it will also equip them for future employment opportunities.
- The implementation strategy is discussed below. As an initial step we will roll out a monthly “House Activities” calendar earmarked for “Inter-House Challenges” supported by the External Peer Mentor with the support of teachers and Houses. Monthly Inter-house activities to be organized on identified dates, outlining the methodology and strategy for introducing and imparting such skills to the students and encouraging their active participation. To gain momentum and keep the students engaged, the House leading most activities shall be assessed based on the over-all score card and declared each month as the “Leading House of the Month”.

SI No.	COMMUNITY BUILDING INITIATIVES	<u>House 1</u>	<u>House 2</u>	<u>House 3</u>	<u>House 4</u>	Total	EXECUTION STRATEGIES
	(with scores)						
1.	Morning Assembly (monthly) [X points]						1. Call to Order & PT Drill • Student Leaders as Drill Commanders: Train senior students to lead PT sessions, building leadership. • Local Folk Music for Drill: Use upbeat regional tunes to accompany PT for familiarity and enthusiasm. • PT Challenges: Introduce a weekly fitness challenge (e.g., 20 jumping jacks) to encourage physical activity. 2. Uniform & Personal Hygiene Monitoring with Attendance • Creative Twist: • Hygiene Stars Chart: Use a simple star sticker system or smiley chart to encourage neatness and hygiene. • "Cleanest Class" Award: Award a

						rotating trophy or badge to the class with the best uniform & hygiene each week. • Peer Check: Appoint “Hygiene Monitors” among students to promote responsibility and peer encouragement. 3. Prayer Song • Prayers: Use meaningful, easy-to-learn prayer in the students’ mother tongue. • Rotating Choir: Different classes take turns to lead the prayer song. • Accompaniment: Use simple percussion (like clapping or dholak) to make the prayer lively and inclusive. 4. Announcement & Award Distribution • Creative Twist: • Student Anchors: Rotate students as “assembly hosts” to build speaking skills. • Weekly “Hero of the Week”: Recognize acts of kindness, helpfulness, or improvement, even small ones. • Community Participation: Invite a village elder, local artisan, or parent occasionally to present awards or give a short talk. 5. Class Performance • Folk Skits or Songs: Encourage performances based on local folklore or traditions. • Learning Corner: Let students explain a math trick, science fact, or new word to the whole school. • Thematic Days: Assign themes like “Environment”, “Health”, or “Culture” for weekly performances. 6. News • Local & School News: Include village-level news (e.g., a new shop opened, local event) alongside national news. • Student Reporters: Have designated students act as “reporters” and collect news during the week. • Simple News Board: Use a blackboard/notice board to write the day’s headlines and weather.
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						7. Thought of the Day • Student Reflections: After sharing the thought, the student can explain its meaning or share an example from village life. • Proverbs from Local Culture: Use regional proverbs with moral value and practical relevance. • Drawing It Out: Let younger kids illustrate the thought and display it on the wall. 8. Pledge • Multilingual Pledge: Occasionally say the pledge in both Hindi and the local dialect for inclusivity. • Value Pledge: Include weekly special pledges like “I will not waste water” or “I will help someone today.” 9. National Anthem • Harmonium/Drum Accompaniment: If available, use local instruments to support singing. • Anthem Lead Rotations: Different students lead the anthem each day to build confidence. • Feedback Wall: A simple board where students write what they liked or learned each week. •
2.	Bal Sabha (Monthly) [X points]					Value of the Month: TRUTH 1. Story Circle – “Always Tell the Truth” • What to do: Narrate or enact simple folk tales (e.g., <i>The Boy Who Cried Wolf</i>, <i>Harishchandra</i>). • Student Role: Students can act out or draw their favorite part. • Lesson: After the story, ask: “<i>What happened when he told a lie? What should he have done?</i>” 2. Truth Tree Activity • Materials: Chart paper, cut-out leaves. • Activity: Students write or draw one truthful act they did that week on a leaf and stick it to the “truth tree.” 3. Truth or Lie Game • What to do: Teacher says two true

						things and one false; students guess which is false. • Lesson: Discuss why lying is confusing or harmful.
						Value of August: PATRIOTISM 1. Freedom Fighter Dress-Up Day • What to do: Students come dressed as freedom fighters (even with paper badges or shawls). • Share: Say one line about who they are and what they fought for. 2. My India Drawing • Activity: Draw the Indian flag, favorite freedom fighter, or their dream for India. • Discussion: "What can we do for our country?" (Keep school clean, help others, be honest, etc.) 3. Patriotic Song or Poem • Teach a simple patriotic song (e.g., <i>Saare Jahan Se Achha</i>) or chant. • Add hand actions or claps to keep them engaged.
						Life Skill: ADAPTABILITY 1. Role Play – "What if...?" • Scenarios: "What if the rain ruins your school day?", "What if your friend takes your seat?" • Activity: Students act out how to adjust without getting upset. 2. Switch Roles Game • What to do: Let students switch tasks for a day — e.g., a class monitor becomes the teacher helper, a drawing student helps in reading. • Lesson: Talk about being open to change and trying new things. 3. Weather Adaptation Game • Game: Call out different weather types (rainy, hot, cold) and children show how they'd dress or act in each.
						Life Skill of August: COLLABORATION 1. Team Art • Activity: Divide class into small

						groups; give them one large paper to draw a garden, a village, or a family. • Rule: They must decide <i>together</i> who draws what. 2. Build Together Game • Materials: Building blocks, clay, or even twigs. • Activity: Each team builds a structure together—no one works alone. • Lesson: Discuss how teamwork helped them succeed. 3. Collaborative Song or Dance • Teach them a group song or simple folk dance where they must move together.
						ADDITIONAL TIPS: • Use local stories, festivals, and environments (e.g., Kisan, Panchayat tales) to explain values. • Reward teams, not just individuals, to promote collaboration. • Use visuals, songs, and body movement — junior students learn best when they move, see, and sing.
3.	Campaigns (Quarterly) [X points]					<u>ENVIRONMENTAL CAMPAIGN:</u> A. Effective Implementation Strategy 1. Awareness Building in School ○ Conduct morning assembly talks on daily eco-tips. ○ Wall displays on “Our Land, Our Future” and water conservation. ○ Host quiz competitions and roleplays on desertification and drought. 2. Community Awareness ○ Students conduct nukkad natak (street plays) in the village. ○ Host “Green Talks” at panchayat gatherings. ○ Use posters made by students at temples, health centers, and

							ration shops. 3. Home Project Works ○ Assign weekly eco-tasks: measure daily water use, segregate waste at home, avoid plastic. ○ Create a simple Home Environment Logbook signed by parents. 4. Increasing Green Cover ○ Tree plantation drives with local plants and tree guards. ○ “Adopt a Tree” activity – each student cares for a plant. 5. Lecture Series / Documentary Screening ○ Screen short regional-language films (e.g., <i>Pani Re Pani, Jal Hai to Kal Hai</i>). ○ Invite local forest officials/farmers to speak on traditional land care. 6. School Level Competitions ○ Drawing: “Green India” ○ Slogan Writing: “Save Trees, Save Life” ○ Debate: “Can one student make a difference?” 7. Plastic-Free Day ○ Once a week, no plastic use allowed in school. ○ Create paper bags from old notebooks as a workshop. 8. Electricity-Free Day ○ Designate one “Earth Hour” a week at school. ○ Use open classrooms for learning and outdoor teaching. 9. Project Visit ○ Visit a compost pit, water harvesting site, or tree nursery. ○ Students document learnings via drawings or reports. 10. Kitchen/Herbal Garden
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							○ Involve students in planting local herbs like tulsi, neem, aloe vera. ○ Use the produce for mid-day meals or first-aid. 11. Zero Waste School ○ Waste segregation bins with signs. ○ Compost pit and recycling corner. ○ Student “Green Teams” to monitor and educate.
							<i>Documentation & Reporting for Outreach</i> i. Identification of Issue under Broad Theme • Document how desertification, water shortage, and waste affect local farms, homes, and schools. • Use local voices—brief interviews with students/farmers. ii. Planning of the Campaign • Map out activities using a monthly calendar. • Include student-led environment clubs or “Green Captains.” • Define SMART goals (e.g., “Plant 100 trees by Sept”). iii. Execution of the Campaign • Use: ○ Photo documentation of events. ○ Short video clips (2–3 mins) with voiceovers in the local dialect. ○ Posters and charts made by children. iv. Reach at District Level • Share highlights with local government offices. • Use WhatsApp groups and local newspapers. • Invite district officials to final events. • Submit monthly reports with photos, participant numbers, and outcomes.

							<u>GIRL CHILD CAMPAIGN:</u> A. Effective Implementation Strategy 1. Imparting Knowledge to Students ○ Weekly interactive sessions on girl rights, child marriage laws, nutrition, safety. ○ Posters and games like “Snakes and Ladders for Girl Power” (right steps vs wrong actions). ○ Display schemes like Beti Bachao Beti Padhao, Kanya Sumangala Yojana. 2. Awareness Generation in Community ○ Rally: “Let her learn, let her lead!” ○ Street plays by students about the importance of girls’ education and safety. ○ Community video screenings on success stories of local women. 3. Govt. Liaison & Collaboration ○ Invite local Anganwadi workers, ASHA workers, Mahila Samakhya reps to speak. ○ Facilitate sessions where parents learn how to apply for scholarships or schemes. ○ Partner with District Education Office for scheme handbooks and awareness material. 4. Celebrate Girl Power ○ Girls’ Achievement Wall with stories, drawings, and photos. ○ “One Day Leader” – girls act as teacher or headmistress. ○ Celebrate International Day of the Girl Child (Oct, can be pre-planned in June). <u>B. Documentation & Reporting for Wider Reach</u> i. Issue Identification
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						• Collect case studies or simple survey findings from students: “What challenges do girls in our village face?” • Document dropout rates, early marriage trends, etc., where possible. ii. Campaign Planning • Create a simple action plan per school. • List government schemes being promoted. • Assign roles: campaign leader, media/documentation team, community mobilizer. iii. Execution ○ Photo stories: “A day in the life of a girl student.” ○ Testimonials from girls or parents post awareness drives. ○ Posters with “Before and After” narratives (e.g., a girl who returned to school). iv. Reach at District Level • Conduct block-level exhibitions of student artwork and achievements. • Share success stories on school social media or local WhatsApp groups. • Collaborate with DEO office, BDO office, ICDS, and Women & Child Welfare departments. Suggested Formats for Documentation ► Monthly Report Template <table><tr><th>Section</th><th>Details</th></tr><tr><td>Title of Campaign</td><td>Environment / Girl Child</td></tr><tr><td>School Name</td><td></td></tr><tr><td>Month & Dates</td><td></td></tr><tr><td>Theme</td><td></td></tr><tr><td>Activities Conducted</td><td>List with dates, class, and</td></tr><tr><td>Photos / Videos</td><td>Attach or link</td></tr><tr><td>Outcomes</td><td>e.g. “50 trees planted”, “scholarships”</td></tr><tr><td>Community Involvement</td><td>Parents involved, Sarpanch</td></tr></table>	Section	Details	Title of Campaign	Environment / Girl Child	School Name		Month & Dates		Theme		Activities Conducted	List with dates, class, and	Photos / Videos	Attach or link	Outcomes	e.g. “50 trees planted”, “scholarships”	Community Involvement	Parents involved, Sarpanch
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							Challenges Faced Suggestions ► Social Media Post Format (for NGO website / Facebook) • Headline: “Students in Rural Punjab Lead Tree Plantation Drive” • Photo: Smiling students with saplings • Caption: “As part of the Environment Campaign, 5th grade students of Satya Bharti School planted 50 neem saplings to restore village land. #GenerationRestoration”										
4.	Sports Activity (Monthly) [X points]																
5.	Sports Day- (Annual)* [X points]						While the sports curriculum is very comprehensive, suggesting a few incremental sporting events that may be considered to improve student engagement:- 1. Games Revival Day • Games: <i>Kho-Kho, Kabaddi, Gilli Danda, Langdi, Pittu (Seven Stones), Chain-Chain.</i> These require minimal equipment and are culturally familiar. Include a “Grandparents Game” session where elders join and share stories. 2. Mini Olympics – Local Style Create an Olympics-style event with a twist: <table><tr><th>Event</th><th>Variation</th></tr><tr><td>Sprint</td><td>Sack race, barefoot 50m dash</td></tr><tr><td>Long jump</td><td>Into sand pit or with chalk markings</td></tr><tr><td>Relay race</td><td>Pass a stick, book, or even a water bottle</td></tr><tr><td>Shot put</td><td>Use coconuts or sand-filled plastic bottles</td></tr></table> • Opening Ceremony: Parade with handmade flags and torch (flashlight). • Closing Ceremony: Certificates, paper medals, and local sweet distribution.	Event	Variation	Sprint	Sack race, barefoot 50m dash	Long jump	Into sand pit or with chalk markings	Relay race	Pass a stick, book, or even a water bottle	Shot put	Use coconuts or sand-filled plastic bottles
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						3. Obstacle Course Challenge • Set-up: Use bamboo sticks, rope, old tires, water pots, and benches. • Activities: ○ Crawl under ropes ○ Jump over bricks ○ Balance on a stick ○ Carry water-filled mugs without spilling 4. Team-Building Sports Games - These teach collaboration, fun, and competitiveness. • Tug of War • Balloon Relay (with balloons/paper balls) • Pass the Ball Overhead and Under • Lemon & Spoon or Potato Race 5. Theme-Based Sports Day • Environment: Plant a sapling at the end of each event • Health: Add water-drinking and healthy snack breaks • National Pride: Events named after freedom fighters (e.g., “Bhagat Singh Relay”) 6. Fun Mix-Gender or Cross-Age Teams • Mix senior and junior students in relay teams or pairs. • Encourage girls and boys to team up — builds confidence and reduces gender bias. 7. Create Cheering Squads • Assign classes or houses as cheering squads with slogans, handmade pompoms, and posters. • Conduct a "Best Cheering Squad" competition. 8. Teacher-Student Match • Friendly <i>Kabaddi</i>, <i>Kho-Kho</i>, or <i>Cricket</i> matches between teachers and students. • Encourages bonding and fun. 9. Creative Physical Challenges • Yoga Poses Contest • Balancing Act: Walk with a book or pot
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						on the head • Statue Game: Freeze in yoga or superhero poses 10. Sport Storytelling + Awards • Add short talks or videos during the event break about rural athletes (e.g., PT Usha, Mary Kom, Neeraj Chopra). • Create “Best Effort”, “True Team Spirit”, and “Brave Try” awards — not just for winners. 11. Other Ideas for Engagement • Pre-Sports Day Art Competition: Posters, flags, slogans • Sports Day Passport: Stamp cards after participating in each game. "Be a Coach" Activity: Let older students guide and mentor younger ones.
6.	Rang Tarang (Annual)* [X points]					<u>PHASE I: SCHOOL-LEVEL IDEAS</u> 1. Drawing Competition: “Wall of Expression” • Implementation: Use old newspapers as large drawing sheets and hang them on walls or blackboards. Students draw directly on these surfaces. • Theme Ideas: “My Dream City,” “Nature Around Me,” “A Day in My Life.” • Materials: Let students use their own crayons/pencils; schools can keep some shared color kits. • Creative Twist: Display all drawings in the school for 1 week and allow students and teachers to vote on “Student’s Choice” awards. 2. English Quiz Contest: “Quiz Relay” • Implementation: A relay-style quiz where each team has to pass a baton (a chalk or pencil) after answering a question. • Rounds: ○ Spell Bee Showdown

						○ Picture Vocabulary (show a picture, guess the word) ○ Quick Grammar Fix (spot the error) ○ Story Chain (each team continues a short story in English) 3. Entertainment & Cultural Events: “Stage on a String” • Implementation: Make use of the school’s assembly area with simple decorations made by students (paper flowers, hand-painted posters). • Event Ideas: ○ English skits based on folk tales or school life ○ Poetry recitation or original poem writing ○ “Talent Minute” – 60 seconds of any performance (joke, tongue twister, rap, etc.) <u>PHASE II: CLUSTER-LEVEL IDEAS</u> 1. Drawing Competition: “Art with a Message” • Implementation: Each student draws based on a socially relevant theme like “Clean Village,” “Save Water,” “Girl Child in School,” etc. • Display Setup: Use string and clothespins to hang drawings between trees or walls. • Judging: Invite a local teacher, or Panchayat member as a guest judge. • Add-on Idea: Select 5 best drawings to be printed (black-and-white) and displayed in all schools in the cluster. 2. English Quiz Contest: “Battle of the Brains” • Implementation: Use student-made buzzers (bells, claps, or a stick-on-table system). • Round Ideas: ○ “Pass the Word” – Word-
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							building chain ○ “Grammar Detective” – Fix a funny sentence ○ “Translate This” – From local language to simple English phrases ○ “Rhyme Time” – Match rhyming pairs • Write all quiz content by teachers or advanced students in advance, and rotate roles (some students as hosts, scorekeepers, etc.).
							3. Cultural Events: “Rural Rhythms in English” • Implementation: Blend local culture with English use. • Event Ideas: ○ “Folk Tales in English” – Students narrate or act local stories in English. ○ “English Song Fusion” – Translate a line of a folk song into English and sing both versions. ○ Group dances to regional music with an English spoken introduction. Decor Tip: Use natural decor – banana leaves, flower garlands, handmade paper crafts.
7.	No Tobacco Day[X points]						• Poster-Making Contest: “Say No to Smoking” with bright colors and simple messages. • Puppet Shows / Skits: Use friendly characters to explain why smoking is harmful. • Story Time / Book Reading: Read picture books or stories about healthy lungs and strong bodies. • Interactive Games: “Tobacco Trouble” – a board game showing good vs. bad choices for health.

							• Healthy Living Day: Integrate exercise, fruit breaks, and lessons on good habits.
8.	World Population Day [X points]						• "My Planet, My People" Art Wall: Children draw people from around the world and how we share Earth. • Resource Sharing Activity: Use classroom games to demonstrate fairness (e.g., dividing snacks, water). • Simple Story Sessions: Read stories that explain large families, cities, or Earth care in kid-friendly language. • Role Play: "In-charge for a Day" – Students plan a town with schools, houses, and water for everyone. • Short Videos: Show animated clips on population and resource usage (age-appropriate).
9.	World Heritage Day[X points]						• "Adopt a Monument" Art Project: Students draw or build models of a local or global heritage site. • Cultural Dress-Up Day: Students wear traditional clothes and share a story or artifact from their culture. • Photo Gallery Walk: Display pictures and facts about world heritage sites in the school corridors. • Heritage Parade or Dance: Organize a mini cultural parade or group dance from various traditions. • "If I Were a Monument" Writing Activity: Simple creative writing task on being a historic place.
10.	Girl Child Day[X points]						• "Super Girl" Badge Activity: Every girl receives a "Super Girl" badge; boys help make them. • Inspiring Stories Time: Read real-life stories of successful girls/women (athletes, scientists, etc.). • Equality Tree: Each leaf represents something girls and boys can do equally (e.g., play football, lead teams). • Mini Speeches: Encourage students to

							speak about their sisters/mothers and what makes them special. • Invite a Guest Speaker: A local female doctor, teacher, or police officer talks to children.
12.	Sanitation Drive [X points]						• Identify Locations: Work with community leaders to select areas needing improvement. • Organize Clean-Up and Planting Days: Recruit volunteers to participate in the initiatives. • Recognize Contributions: Showcase completed projects in community meetings or events.
13.	Community Media Projects [X points]						• Set Up Writing Workshops: Help students develop writing skills. • Promote Contributions: Encourage student and community input for content.
15.	Farm-to-School Programs [X points]						• Coordinate with Local Farmers: Establish a network for sourcing fresh foods. • Integrate into Curriculum: Teach food origin and nutrition in classrooms.
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	LIFE-SKILL ACTIVITIES						
18.	Financial Planning –						• Introducing - “Pocket Money Manager” • Explaining – tool for financial planning, savings and investments by students and families; • App Implementation – for systematic planning and savings for family emergencies and further education
18. A	Time Management Skills(Monthly) [X points]						• Conduct Workshops: Use interactive activities to demonstrate effective time management techniques. • Goal Setting: Help students set and monitor short- and long-term goals. • Provide Templates: Share planners and time management tools with students.
19.	Game Development &						• Start with beginner-friendly coding languages and game development tools.

	Coding(Monthly) [X points]						• Organize workshops on game design principles, graphics, and sound. • Encourage collaborative game development projects.
20.	Mass Media Module - Writing for Change Campaign (Monthly) [X points]						• Identify Key Issues: Help students research and identify local issues they are passionate about. • Writing Workshops: Offer sessions on persuasive writing techniques. • Presentation Event: Organize an event where students share their writings with the community.
21.	Conflict Resolution Training(Monthly) [X points]						• Role-Playing Exercises: Use scenarios to practice conflict resolution techniques. • Peer Mediation programs: Train interested students to help mediate disputes among peers. • Reflection Workshops: Discuss past conflicts and successful resolutions.
22.	Basic First Aid Workshops(Monthly) [X points]						• Collaborate with Local Health Workers: Use experienced professionals to lead sessions. • Hands-On Practice: Set up scenarios for students to practice first aid techniques. • Distribute First Aid Kits: Provide simple first aid kits for students or families.
23.	Introduction to AI Concepts(Monthly) [X points]						• Utilize simple language and relatable examples to explain AI concepts. • Use storytelling or videos to illustrate AI in daily life. • Host interactive discussions to engage students' curiosities.
24.	AI-Powered Problem-Solving Workshops(Monthly) [X points]						• Identify a local issue (e.g., water management, waste disposal) and brainstorm solutions using AI technologies. • Form groups to develop proposals, leveraging AI tools where available. • Present findings to the community for feedback.
25.	Career Exploration: AI Fields(Monthly) [X points]						• Invite professionals in AI-related fields to share their experiences. • Organize workshops where students can explore various roles in AI (like data analyst, AI ethics officer).

							• Help students create a roadmap for pursuing careers involving AI.
	SUSTAINABLE DEVELOPMENT PROJECTS						
26.	Sustainable Agriculture Education [X points]						• Farm Tours and Workshops: Arrange visits to local farms implementing sustainable practices. • Hands-On Training: Involve students in eco-friendly farming techniques. • Share Success Stories: Highlight families who successfully implement these methods in a community gathering.
27.	Sustainability Fashion Show(Monthly) [X points]						• Upcycled Fashion Show: Encourage students to design and create outfits using second-hand clothing or waste materials. • Guest Speakers: Invite eco-friendly fashion designers or influencers to talk about the impact of the fashion industry on the environment. • Sustainability Campaigns: Promote sustainable fashion practices in the community and challenge students to create their own eco-friendly looks through recycling.
28.	Renewable Energy Projects(Monthly) [X points]						• Introduce Science Projects: Involve students in building simple solar cookers or wind turbines. • Partner with NGOs: Collaborate with organizations that promote renewable energy solutions. • Display Results: Organize school exhibitions to showcase student projects.
	TOTAL						

*There may be different activities/categories of the competitions. Score for each activity/category of competition should be given. Based on the score, the best house of the year should be declared towards the end of the year in the last month during the mega PTM.

B. SATYA BHARTI SCHOOL CLUB ACTIVITIES

- Announce and roll out monthly calendar earmarked as “CLUB BONANZA DAY” for implementation of Club activities entire day by the EXTERNAL PEER MENTOR with the support of teachers and Student Clubs. Specified time and dates to be ear-marked in consultation with the schools for such activities (Second And Fourth - Friday or working Saturday)
- Most engaging, innovative and effective Club, to be assessed and selected as the “Leader of the Club Pack” for the month by the teachers and Peer Mentor.

ART & LITERARY CLUB

Activity	Description	Forum	PEER MENTOR STRATEGY TO IMPLEMENT	TIME SCHEDULE
Debate	Organize formal debates on current issues, encouraging critical thinking and public speaking skills.	School Debate Club, School Classrooms	• Select Relevant Topics: Choose topics that resonate with students and community interests. • Invite Community Judges: Involve local leaders or professionals as judges to add credibility. • Workshops for Preparation: Host workshops on argument building, research techniques, and public speaking. • Debating Meetings: Hold regular meetings to prepare and practice.	• Once in month at max

Just a minute (JAM)	A fun speaking activity where participants talk on a given subject for one minute without hesitation, deviation, or repetition.	National days, independence day, republic day, etc	• Theme-Based Sessions: Choose relevant themes related to community issues or cultural events. • Encourage Audience Participation: Invite families or community members to participate as audience members or judges. • Feedback Sessions: Provide constructive feedback to help participants improve their speaking skills.	
Group Discussion	• Facilitated discussions on various topics to promote teamwork and communication skills.	• Bal Sabha/ Classroom Discussions	• Diverse Topics: Address topics like community challenges, cultural practices, or social issues. • Rotate Facilitation: Allow students to take turns leading discussions to develop leadership skills. • Invite Experts: Occasionally invite experts to guide discussions or provide insights.	•
Book Review	Students read and review books, sharing their insights with peers and the community.	Book Clubs, School Newsletter, Library Events	• Monthly Book Selections: Choose a theme each month and encourage participation from community members for wider perspectives. • Reviews: discuss or write short articles sharing reviews in BF/school newsletter, website, or school	•

			bulletin board. • Author Visits: Organize events where local authors can discuss their work and engage with students.	
Workshops for Creative Writing	Encourage students to explore various writing forms, such as poetry, short stories, or essays.	Writing Workshops, Literary Events	• Writing Contests: Host monthly or quarterly contests with community prizes. • Publication Opportunities: Create a quarterly binder of student works and distribute it in the community/ school bulletin boards, BF/community platforms.	•
Culture Themed Movie Screenings	Showcase films from various cultures, followed by discussions about themes and cultural significance.	Bal Sabha, Film Clubs, School Assemblies, National Days	• Thematic Months: Dedicate each month to a specific culture or theme (e.g., international films, local documentaries). • Invite Guest Speakers: After screenings, invite experts or community members (virtually or in-person) to discuss cultural contexts bi-monthly. • Post-Movie Discussions: Facilitate discussions where students can share their thoughts and insights on the films.	•

January Music Month	A dedicated month for exploring different genres of music, culminating in a community concert.	School Auditorium, School Ground	• Weekly Themes: Focus on different genres or cultures each week with related activities (listening sessions, discussions). • Encourage Local Talent: Invite local musicians to perform and share their music journeys. • Workshops: Host workshops on music appreciation, songwriting, or instrument playing.	•
Annual Talent Show	A platform for students to showcase their diverse talents in front of the community.	Bal Sabha/ National Days/ School Auditorium, School Ground	• Open Auditions: Encourage community participation by opening auditions to all students at the school. • Community Involvement: Involve community members as judges or coordinators of the event.	•
Role Play/Drama	Engage students in role-playing exercises or drama performances to enhance their acting and interpersonal skills.	Drama Club, School Theatre	• Thematic Plays: Create plays based on local history or social issues relevant to the community. • Workshops on Acting Techniques: Offer training sessions for students interested in drama.	•

Story Making	Collaborative storytelling that allows students to create narratives together.	Storytelling Circles, Creative Writing Workshops	• Story Circles: Form circles where each student contributes to a story, fostering teamwork and creativity. • Publishing Opportunities: Compile stories and publish them as a school or community anthology. • Local Storytelling Events: Host events where students can share their stories with the community.	•
Drawing/Painting Art and Expression Workshops	• Encourage artistic expression through drawing or painting workshops and exhibitions. • Host workshops focused on art forms		• Themed Art Sessions: Organize sessions around themes that reflect community values or concerns. • Public Exhibitions: Showcase student artwork at local venues, libraries, or community events. • Collaboration with Local Artists: Invite local artists to conduct workshops and mentor students. • Guest Artists: Invite local artists to teach and share their techniques and experiences. • Community Art Projects: Collaborate on a large-scale mural or installation that reflects local culture, inviting community members to participate. • Exhibit Student Work: Organize an exhibit showcasing	•

			student-created pieces after workshops, inviting the community to view their work.	
Photography Club	Encourage students to explore photography as a form of artistic expression and storytelling.	Photography Club, School Exhibitions	• Photography Workshops: Invite local photographers to teach techniques and provide feedback. • Themed Photo Challenges: Host monthly challenges that align with community themes or events. • Exhibitions: Organize photography exhibitions in local cafes or community centers, encouraging community engagement.	•
Creative Journaling	Promote self-reflection and creativity through guided journaling activities, including art, writing, and mixed media.	Journal Clubs, Personal Reflection Groups	• Journaling Prompts: Provide thematic prompts that relate to personal growth, community experiences, or cultural reflections. • Share Sessions: Allow students to share excerpts or art created in their journals in a safe, supportive environment. • Community Journals: Create a communal journal that students can pass around and contribute to, fostering collaboration.	•
		Art Studios, School Events	• Guest Artists: Invite local artists to teach and share their techniques and	•

			experiences. • Community Art Projects: Collaborate on a large-scale mural or installation that reflects local culture, inviting community members to participate. • Exhibit Student Work: Organize an exhibit showcasing student-created pieces after workshops, inviting the community to view their work.	
Cultural Exchange Days	Celebrate various cultures within the school and community through presentations, food, music, and arts.	School Festivals, Annual Days	• Student-Led Presentations: Have students research and present on their own cultural backgrounds or interests. • Food and Music: Invite families to share traditional dishes and music from their cultures to create an immersive experience. • Interactive Booths: Set up booths for activities like dance, craft-making, or language games.	•

SPORTS & GAMES CLUB

Activity	Description	Forums	PEER MENTOR STRATEGY TO IMPLEMENT
Yoga	Yoga sessions aimed at promoting physical and mental well-being.	• Social media platforms (Instagram, Facebook) for sharing pose	• Morning Yoga Sessions: Introduce early morning yoga sessions before school. This can help interested students start their day with relaxation and focus. • Stress Relief

		tutorials and wellness tips. • School wellness fairs to offer introductory yoga sessions. • Community centers for hosting beginner yoga workshops.	Workshops: Host yoga workshops specifically targeted for students during exam periods to help alleviate stress. • Peer Yoga Teachers: Train passionate students to lead yoga classes, encouraging leadership and peer connection. • Yoga Challenge: Organize a month-long yoga challenge where students can track their progress and complete daily poses, culminating in a mini-performance day.
Fitness Activity (as per curriculum)	Variety of fitness exercises focused on improving overall physical health.	• Social media platforms (Instagram, Facebook, You-tube) for sharing workout videos and fitness challenges. • School health and fitness week events to conduct boot camp demonstrations. • Local gyms or parks for collaborative fitness events.	• Fitness Boot Camp Events: Schedule monthly boot camps that mix different exercises (circuit training, HIIT, etc.) led by students or local fitness instructors. • Fitness Norms Week: Implement a “fitness norms” week where students learn about and focus on different aspects of fitness (nutrition talks, goal-setting workshops). • Track Your Steps Challenge: Introduce a “step challenge” where students compete to log the most steps over a month to promote physical activity. • Collaborative Sports Days: Partner with local gyms or community centers to host joint fitness classes that students can participate in together with the community.
Sports Quiz	Engaging quiz competitions centered around sports trivia.	• Online quiz platforms (Kahoot, Quizizz) for virtual	• Weekly Sports Trivia: Hold weekly sports trivia sessions during lunch or after school, allowing students to form teams and compete.

		competitions. • School newsletters and announcements to promote upcoming quizzes. • Community events or cafes for themed sports quiz nights.	• Online Quiz Platforms: Use online quiz tools (like Kahoot or Quizizz) to host virtual quizzes that students can participate in from home and earn points for their house.
Sports Day	An event that promotes sports culture through various athletic competitions.	• School grounds and sports fields for the main event. • School website and social media for event schedules and updates. • Local media outlets to promote community involvement.	• House Competitions: Organize the day with a house-based point system where students earn points for participation and victories in events. • Include Non-Traditional Sports: Offer a variety of events, including fun games like tug-of-war, relay races, and obstacle courses to engage a wider range of students. • Local Athlete Guest Appearance: Invite local athletes to attend and share their stories or run a session, to inspire students. • Family Involvement: Encourage families to attend and participate in a "family relay" or fun run, fostering community spirit.
Sports Activities (as per curriculum)	Organized sports activities covering a range of sports and games.	• School sports facilities for intramural leagues and clinics. • Social	• Inter-School Leagues: Start leagues for sports like cricket, kho-kho, athletics, or encourage more students to join. • Monthly Sports Clinics: Hold monthly clinics for different

		media groups for team communication and challenge updates. Local sports clubs or academies for potential collaborations.	sports led by experienced coaches or skilled students, allowing everyone to learn new skills. Skill of the Week: Introduce 'Skill of the Week' workshops focusing on different sports skills, with peer-led sessions encouraging teamwork and learning. Sports Challenges: Create friendly challenges, such as “Best Sports Trick Shot” or “Team Spirit Day,” allowing students to share their participation online.
Team Building Games (as per curriculum)	Facilitate games and activities specifically designed to build teamwork and communication skills.	- School outdoor areas or gyms for conducting games. - School clubs and organizations for joint team-building events. - Escape room facilities or adventure parks for specific challenges.	Problem-Solving Challenges: Organize team-building challenges where groups must work together to solve problems or complete tasks (e.g., escape rooms, obstacle courses). Outdoor Strategy Games: Set up outdoor games such as capture the flag or a giant Jenga tournament to encourage strategic thinking and collaboration. Community Service Events: Plan activities that involve community service, such as park clean-ups or charity sports events, to build team spirit and social responsibility.
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Martial Arts Workshops	Introduce students to martial arts disciplines such as karate, judo, or taekwondo.	- School gyms or multi-purpose rooms for workshops. - Local martial arts	Introductory Classes: Offer free introductory classes with local martial arts instructors to spark interest and encourage participation. Belt Promotion Days: Organize belt promotion days where students can

		studios for potential instructor collaborations. • Community events to offer introductory self-defense sessions.	showcase their skills and get public recognition for their achievements. • Self-Defense Workshops: Conduct self-defense workshops for all students, emphasizing personal safety and boost self-confidence.
Nutrition and Health Workshops (as per curriculum)	Promote healthy eating habits through educational workshops.	• School auditoriums or classrooms for workshops. • School cafeterias to host healthy cooking demonstrations. • Local health food stores or farmers' markets for potential collaborations.	• Guest Nutritionists/Dieticians: Invite professionals to give talks on healthy eating, meal prep, and nutrition for athletes. • Healthy Cooking Classes: Organize cooking classes that focus on creating nutritious meals and snacks that fuel athletic performance (no fire based cooking). • Nutrition Challenges: Launch a “nutritional challenge” where students track and share their healthy eating habits over a month.
Arrange showing inspirational Sports Film	Host screenings of popular sports films to inspire and entertain.	• School auditoriums or common rooms for screenings. • School film clubs or societies for joint events. • Local community centers or libraries for public screenings.	• Monthly Movie Nights: Schedule monthly movie shows featuring classic sports films, followed by discussions on themes such as teamwork, determination, and resilience. • Guest Speakers: Invite former athletes or coaches to discuss the real-life implications of the films shown, enhancing students' understanding and connection to sports. • Student-Generated Content: Encourage students to create and present their

			sports-related short films or documentaries, showcasing their talents and stories.
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ECO CLUB

Activity	Description	Forums	PEER MENTOR STRATEGY TO IMPLEMENT
Environment Campaign/ tree plantation/ waste compost/ electronic waste projects/ Community Clean Water Initiatives	Initiatives focused on promoting environmental sustainability through tree planting, composting, and responsible electronic waste disposal.	• Social media platforms (Instagram, Facebook) • School assemblies to present progress and results • Community centers and public libraries to host events	• Tree Plantation Drives: Organize annual tree planting events in collaboration with local environmental organizations. Encourage students to bring their families and the community to participate. • Composting Workshops: Conduct workshops on how to create compost at home. Create a school compost bin that students can help manage to observe the composting process firsthand. • Awareness Campaign: Implement a campaign to educate the community about composting and e-waste management through posters, flyers, and social media outreach. Raise awareness on water conservation through workshops. • Collaborate with NGOs: Partner with organizations focused on water quality.
Eco-Themed Movie Screenings	Screen films with environmental themes to raise awareness and	• School-wide announcements or newsletters • Social media	• Quarterly Movies: Organize monthly screenings of eco-themed documentaries and films

	inspire action.	platforms for broader reach and promotion	followed by discussions and brainstorming sessions on action students can take. • Guest Speakers: Invite environmentalists or activists to speak after the screenings about real-world implications of the film's themes. • Film Competitions: Encourage students to create short documentaries focused on local environmental issues. Host screenings and awards for the best films.
Best out of Waste	Encourage creativity and sustainability by repurposing waste into functional or decorative items.	• School art exhibitions • Local fairs or markets • Online gallery on school website or social media	• Workshops on Upcycling: Conduct workshops on upcycling everyday items into useful products (e.g., turning old t-shirts into tote bags). • Exhibition of Creations: Organize an exhibition where students can showcase their creations made from waste and encourage other students and community members to participate. • Collaboration with Local Artists: Partner with local artists to conduct art sessions focused on creating art from recycled materials, teaching both creativity and environmental responsibility.
War on Waste Campaign	A campaign focusing on reducing waste generation and promoting sustainable practices.	• Social media to highlight progress and initiatives • Local newspapers to share success stories • Community events for broader engagement	• Waste Reduction Challenges: Organize challenges where students and houses compete to reduce waste on campus over a defined period, tracking progress through a leaderboard. • Educational Workshops: Host workshops

			educating students and community members about reducing single-use plastics, recycling, and sustainable living practices. • Community Clean-ups: Plan regular clean-up drives in local neighborhoods and parks, fostering a sense of community responsibility and teamwork.
Project Work	Hands-on projects that involve research, teamwork, and practical application of environmental concepts.	• School science fairs • Presentations at local community centers • Virtual galleries for broader outreach	• Collaborative Environmental Projects: Encourage students to work in house teams on projects that assess local environmental issues (e.g., pollution, deforestation) and propose solutions. • Partnerships with NGOs: Partner with local NGOs to work on practical projects that contribute to environmental solutions in the community (e.g., habitat restoration, community gardening). • Presentation Day: Organize a presentation day where students showcase their projects to the school and the community, fostering public speaking and critical thinking skills.
Herbal/Kitchen Garden	Establishing a garden that focuses on growing herbs and other kitchen plants to promote sustainability and healthy eating.	• School newsletters to update on garden progress • Community potlucks featuring dishes made from garden produce • Gardening clubs or workshops for sharing skills and knowledge	• Garden Setup: Collaborate with local botanists or gardeners to help design and set up an herbal kitchen garden within school premises, allowing hands-on learning. • Cooking Workshops: Once plants are harvested, host cooking workshops where students prepare healthy dishes using the herbs they

			grow, promoting culinary skills and nutrition awareness (no fire based cooking). • Garden Maintenance Days: Organize regular garden maintenance days where students deepen their understanding of gardening and the importance of local food production.
		•	•
Green School Initiative	Launch a campaign to make the school more environmentally sustainable by reducing energy consumption, encouraging recycling, or adopting renewable energy sources.	• School council or green committees • Local environmental organizations • Social media for campaign promotion	• Energy Conservation Campaign: Launch a program to track and reduce the school's energy consumption by turning off lights, using energy-efficient appliances, and promoting renewable energy sources. • Waste Reduction in School: Implement a recycling program across the school, with designated recycling bins for paper, plastic, and other materials. • Green School Certifications: Work with local environmental groups to apply for green school certifications, showcasing the school's commitment to sustainability.
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STEM AND INNOVATION CLUB

Activity	Description	Forums	PEER MENTOR STRATEGY TO IMPLEMENT
Announcement of Innovation clubs	Promoting the newly formed STEM and Innovation Club and its objectives to the	• School assemblies for initial announcement and introduction.	• Create visually appealing posters and flyers highlighting the club's activities and benefits.

	student body.	• School website and notice boards for detailed information and sign-up procedures. • Social media platforms (school's official accounts) for wider reach and engagement.	• Organize an introductory session with engaging presentations and interactive elements. • Distribute sign-up forms during school hours and online.
Best Innovative Idea's for (Pramerica, Inspire Manak, Young Creators League, Young Explorer ..)	Brainstorming, developing, and selecting the most innovative project ideas suitable for various external competitions.	• Dedicated club meetings for idea generation and discussion. • Online collaboration platforms (e.g., Google Workspace, Microsoft Teams) for sharing and refining ideas. • Mentorship sessions with teachers or external experts for guidance.	• Organize brainstorming sessions using techniques like mind mapping and lateral thinking. • Research the specific requirements and themes of each competition. • Conduct idea pitching sessions where students present their concepts and receive feedback.
Project Work	Hands-on engagement in STEM-related projects, fostering problem-solving, critical thinking, and teamwork.	• Club workshops and lab sessions for project development. • Project showcase events within the school to present progress and outcomes. • Online project management tools (e.g., Trello, Asana) for task management and collaboration.	• Offer a diverse range of project themes aligned with student interests. • Provide necessary resources, materials, and guidance for project execution. • Encourage interdisciplinary projects involving different STEM fields.
Game Development &	Learning the fundamentals of	• Coding workshops and tutorials using platforms like	• Start with beginner-friendly coding languages and game development tools.

Coding	game development and coding through interactive projects and challenges.	Scratch, Python (Pygame), or Unity. • Online coding platforms (e.g., Code-academy, Khan Academy) for self-paced learning. • Game development challenges and competitions within the club.	• Organize workshops on game design principles, graphics, and sound. • Encourage collaborative game development projects.
		•	•
Best Innovator of the Year	Recognizing and celebrating the most innovative and impactful contributions of club members throughout the year.	• Nomination process through club members and faculty. • Judging panel comprising teachers, mentors, or external experts. • Annual award ceremony to announce and celebrate the winner(s).	• Establish clear criteria for evaluating innovation (e.g., originality, impact, feasibility). • Showcase the nominees' projects and contributions through presentations or displays. • Offer meaningful prizes or recognition to the winner(s).